



# Additional Resources

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## **MEN'S Groups Locations:**

**Married Men's Support Group (MMG)**----Saddleback Church – (Anaheim, CA) -- (2095 E. Katella Ave., Anaheim CA), main church building, go to back side green room. Contact: Tyrone Moore—cell (714) 483-3019 ([tmooore2349@gmail.com](mailto:tmooore2349@gmail.com)), Thursday evenings 7:00-9:00 pm (Green Room in back of main church building).

**Facing the Future**----Crossline Church (Laguna Hills, CA)--(23331 Moulton Pkwy., Laguna Hills CA 92653) Contact: Alex Varela—cell (949) 510-6108 ([evarela91011@gmail.com](mailto:evarela91011@gmail.com)), Contact: Matt Rink--- cell (949) 412-7964 ([matt.rink@Alconlabs.com](mailto:matt.rink@Alconlabs.com)) ---Tuesday evenings 8:00 pm., Children's Ministry building.

**Separated Men's Support Group (SMG)** ---- (Saddleback Church, Lake Forest Main Campus, main office Bld. Rm.) (1 Saddleback Parkway, Lake Forest CA 92630) Tuesday evenings 7:00-9:00 pm (main church office Building), Contact: Rugena (949) 609-8232 ([Rugena@saddleback.com](mailto:Rugena@saddleback.com)), Clyde Botzner ([c.botzner@cox.net](mailto:c.botzner@cox.net)) ([www.separatedmen.com](http://www.separatedmen.com)).

## **Open Sexual Addiction - Men's Integrity Group:**

**Renewal From Sexual Addiction (RSA)** ----Grace Hills Church (Aliso Viejo, CA) -- (24521 Moulton Pkwy., Aliso Viejo CA). Thursday evenings 7:30 pm, (behind the playground library). Contact: Curt Hespe (949) 510-1552 ([curthespe@cox.net](mailto:curthespe@cox.net)).

## **Women's Groups:**

**Separated Women's Support Group** ---- (Saddleback Church, Lake Forest Main Campus, Children's Bld. Rm. #216) (1 Saddleback Parkway, Lake Forest CA 92630) Thursday evenings 7:00-9:00 pm (Room #216), Contact: Rugena (949)609-8232 ([Rugena@saddleback.com](mailto:Rugena@saddleback.com)), Linda Siragusa (949) 510-3676 ([lsiragusa@yahoo.com](mailto:lsiragusa@yahoo.com))

**Marriage Support Group for Wives** ---- (Saddleback Church Lake Forest Main Campus, Children's Bld. Rm. #213) (1 Saddleback Parkway, Lake Forest CA 92630)--Thursday evenings. 7:00- 9:00 pm (Room 213) Contact: Rugena (949) 609-8232 ([Rugena@saddleback.com](mailto:Rugena@saddleback.com))

## **Divorce Care:**

Divorce Care Saddleback Church----(Lake Forest Main Campus) -- (1 Saddleback Parkway, Lake Forest CA 92630) Friday evenings 7:00- 9:00 pm (Green Room). (13 week-long divorce recovery program). Contact Info: Rugena (949) 609-8232 ([Rugena@saddleback.com](mailto:Rugena@saddleback.com))

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## Marriage Enrichment Seminars (Open to Couples /Singles):

**Keeping the Marriage Alive** –Saddleback Church ---- (Lake Forest Main Campus) -- (1 Saddleback Parkway, Lake Forest CA 9263) Contact: Larry & Barbara Fafard (fafardre@sbcglobal.net); ([Sueb@saddleback.com](mailto:Sueb@saddleback.com)) (These are six- week marriage enrichment seminars).

**Marriage Enrichment Class** ---- (Mariners Church Newport / Irvine CA, Upper Rm. above Café/ bookstore) –(5001 Newport Coast Dr. Irvine, CA 92603, Upper room). One of the “Best Places to Learn and Practice Relational Skills!” Proverbs 29:18 *“Where there is no vision, the people perish...”* This is another tool and a safe place for couples or singles to learn about relationships. “...our main goal is to row in learning how to love God and others, while maintaining loving boundaries within ourselves.”

Monday night 7-9PM, above the Café / bookstore. For more information contact, (949) 769-8100 ([www.marinerschurch.org.irvine](http://www.marinerschurch.org.irvine)). Each week there’s a short group discussion time and then a follow up time of group discussion time for all to learn and grow.

**Relationship Lifeline** ---- (Orange County, CA and misc. seminars locations) Private and group couples seminars for healing for their marriage/families. Focusing on: *Reveal, Rewrite, Renew* (Ask for a MMG discount if you plan on attending) Contact: Margaret Aubin- Director/ Coach (RelationshipLifeline.org) cell: [949.698.0868](tel:949.698.0868) office [1.800.718.4650](tel:1.800.718.4650) (Location: Hilton Hotel, Costa Mesa)

We also have just recently started a new program called **Life Matters**. It is designed for individuals to help each person identify damaging issues in their lives and relationships. It's going to be great for the men whose wives won't attend or those that don't want to come together as a couple.

## Celebrate Recovery 12 Step Program:

(Begin your recovery today and find a recovery church near you.)

What is Celebrate Recovery? Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life.

History of Celebrate Recovery Celebrate Recovery started in 1991 at Saddleback Church in Lake Forest, California. At that time, the church was meeting at a high school gymnasium. John Baker wrote Pastor Rick Warren the “now-famous, concise, 13-page, single-spaced” letter outlining the vision God had given John for Celebrate Recovery. After reading John’s letter, Pastor Rick said, “Great, John — go do it!”

The first night 43 people attended, and Celebrate Recovery was born. Beginning with only four Open Share Groups — Men’s and Women’s Chemical Dependency and Men’s and

Women’s Codependency — the ministry has grown to over 14 groups today. Over 27,000 people have gone through the program at Saddleback Church. Many of them are now serving in Celebrate Recovery and the Church. Celebrate Recovery is the number one outreach ministry at Saddleback Church, with over 70 percent of its members now coming from outside the church.

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## **Celebrate Recovery 12 Step Program (continued):**

The first 10 years were the birth stage of Celebrate Recovery, and now God is calling us to take it to the world. There are now 35,000 [Celebrate Recovery churches](#) around the world, and that number continues to grow. We are part of a movement that is bringing the healing power of Jesus Christ to the hurting and broken through working Celebrate Recovery's [Step Studies](#), [The Journey Begins](#), and [The Journey Continues](#). To date, over 5 million individuals have completed a Step Study.

In addition, Celebrate Recovery is not just growing in churches, but in recovery houses, rescue missions, universities, and prisons around the world. New Mexico was the first state to adopt Celebrate Recovery into its state prison system and now has Celebrate Recovery pods in all its state prisons. In August 2004, Celebrate Recovery was announced as California's state-approved substance abuse program for prisons. This is an exciting and growing outreach opportunity for every Celebrate Recovery. We are a part of something much larger than one church's Celebrate Recovery. We are part of a movement that God is blessing.

## **Every Man Ministries:**

The mission of Every Man Ministries is to lead a church-based "movement of God's men who are empowered to lead others on a meaningful journey into personal character and leadership, ultimately having a positive impact on generations of women, children and families."

The organization accomplishes this through a number of practical resources on a wide variety of subjects, including pornography, lust, marriage, leadership, temptation, sex, relationship, fantasy, faith, family and fatherhood. These include:

- Events, such as Ignite and Father Factor conferences, featuring Luck as well as prominent pastors and Christian leaders including Steve Arterburn, Rick Warren, Steven Furtick and Craig Groeschel;
- A website with a wealth of materials including videos, blogs and podcasts as well as access to curriculum for the men to use in weekly meetings at their local church;
- Books, including Luck's blueprint for church-based men's ministry, "Sleeping Giant: No Movement of God without Men of God," and his forthcoming title, "Dangerous Good," releasing July 3 from NavPress; and
- "The Every Man Show" on KKLA radio in Los Angeles.

Many prominent churches use Every Man Ministries' resources, including Saddleback Church in Southern California, Gateway Church in the Dallas area and Brooklyn Tabernacle in New York. Every Man Ministries' goal is to help men have healthier marriages, be stronger fathers and have better leadership qualities. For more information visit [everymanministries.com](http://everymanministries.com).

## Additional Resources

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### **Dr. Mike Marino's 3-hour Freedom from Anxiety & Depression Seminars:**

Dr. Mike Marino phone (949) 229-3834 ([mmarino57@yahoo.com](mailto:mmarino57@yahoo.com)) PO Box 80695 Rancho Santa Margarita, CA 92688.

Mike Marino is an author, speaker, media personality and counselor with an extensive background in mental healthcare and communications. He hosted a nationally-syndicated call-in radio program for 5 years and has run in-patient psychiatric hospitals and substance abuse treatment centers. He has served as Corporate VP at the world-renowned Amen Clinics, as president of New Life Ministries, where he presided over a nationwide network of over 600 mental health clinicians, and as a senior executive at the Billy Graham Evangelistic Association. He has produced broadcast programming, live events and written materials for such diverse people as Dr. Laura Schlessinger and PBS-TV's Daniel Amen, M.D.

Additionally, Mike is an accomplished musician and performer, having spent much of his early career appearing with entertainment industry superstars, where he was a member of a multi-platinum selling band. As a popular corporate and public speaker in the areas of personal growth and wellness, Mike calls upon his mental health, communications and entertainment industry background to frame his presentations with just the right touch of substance, humor and audience "connection."